

NICOLE A. VAUGHN, Ph.D.

School of Public Health
Drexel University
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PRESENT POSITION Assistant Professor
Dept. of Health Management & Policy

RESEARCH INTERESTS Community-based Participatory Research; Obesity; Diabetes;
Health Care Access & Utilization among Ethnic Minorities;
Health Psychology; Health Promotion and Disease Prevention;
Maternal and Child Health, Public Health

EDUCATIONAL BACKGROUND

- 2004-2005 NRSA Postdoctoral Fellow in Medical/Health Psychology,
NHLBI Cardiovascular Training Grant,
Uniformed Services University of the Health Sciences
- 2004 Uniformed Services University of the Health Sciences (USUHS)
Department of Medical and Clinical Psychology
Bethesda, Maryland
Dissertation Title: “Impact of Insurance Status on Health Care Utilization and
Quality of Self-Care Among Ethnic Minorities with Type 2 Diabetes”
Major Advisor: Tracy Sbrocco, Ph.D.
Degree: Ph.D.
- 2001 Uniformed Services University of the Health Sciences (USUHS)
Department of Medical and Clinical Psychology
Bethesda, Maryland
Thesis Title: “Toward an Understanding of Health Care Delay Among Ethnic
Minorities: Examining Health Care Behaviors Among Military Young-Adult
Males”
Major Advisor: Tracy Sbrocco, Ph.D.
Degree: MS
- 1994-1998 Morgan State University
Psychology Department
Baltimore, Maryland
Degree: BS, Summa Cum Laude

HONORS

- 2002-2003 Henry M. Jackson Foundation
Dissertation Fellowship
- 1999-2002 Ford Foundation
National Research Council Predoctoral Graduate Fellowship
- 1998-2001 Uniformed Services University of the Health Sciences
Graduate Fellowship
- 1994-1998 Morgan State University Honors Scholarship
Morgan State University
Baltimore, Maryland
- 1998 Benjamin Carson Outstanding Morgan State University Senior
- 1998 Mae P. Claytor Award for Excellence in Psychology
- 1994-1998 Dean's List
- 1997 Minority Undergraduate Student of Excellence in Psychology (APA)
- 1997 National Institute of Health/American Psychological Association Research Intern
University of Delaware, Newark, Delaware
Major Advisor: James M. Jones, Ph.D.
- 1997 Golden Key National Honor Society
- 1997 Psi Chi National Honor Society
- 1995-1996 Phi Eta Sigma National Honor Society (Vice President)

AWARDS

- 2005 Meritorious Student Paper for Doctoral work, Society of Behavioral Medicine
(SBM), Boston, MA

REVIEWS

American Public Health Association: Community-based Public Health Caucus Abstract
Reviewer for 136th Annual Meeting, March 2008

Johns Hopkins University Press: Progress in Community Health Partnerships: Research,
Education, and Action; Journal Reviewer, 2008

Selected by the Health Care Provider Work Group as a Reviewer for the National Diabetes Education Program (NDEP)'s Better Diabetes Care Website: Cultural Competency Section, November 2004-January 2005.

PROFESSIONAL MEMBERSHIPS AND ORGANIZATIONS

Society of Behavioral Medicine
American Psychological Association (APA; Professional member)
Health Psychology (Division 38), APA (member)
Association for the Advancement of Behavior Therapy (AABT; member)
AABT – African American Special Interest Group
American Public Health Association (member)
-Community Based Public Health Caucus (member)
Society for Community Research and Action
American Diabetes Association (Professional Member)

RESEARCH EXPERIENCE

GRANT FUNDED

- 2008 **Regional Quality Strategy Data Analysis Project I & II**
Funding Source: Robert Wood Johnson Foundation (\$225,888; \$43,554)
Position: *Project Director*
Principal Investigator: Dennis Andrulis, PhD, Drexel University
The overall purpose of this project is to synthesize national and local data for RWJF's 21 identified regions as well as nationally to assist the regions in reducing racial and ethnic disparities and improving health care quality. The primary focus is to examine available inpatient health care quality indicators as well as outcomes that are influenced by nursing sensitive care. In addition, an examination of nurse workforce and leadership issues will be examined for the regions.
- 2007-present **Philadelphia Collaborative Violence Prevention Center (PCVPC)
Centerpiece Research Project and Communication & Dissemination Core**
Funding Source: Centers for Disease Control and Prevention (Direct costs: \$)
Position: *Co-Principal Investigator* for Centerpiece Research Project; Research Faculty for Communication & Dissemination Core
Principal Investigator: Joel Fein, PhD, Children's Hospital of Philadelphia
Core Directors: John Rich, M.D., MPH, Thomas Henry, and Steve Leff, PhD
PCVPC is a multi-institutional, interdisciplinary effort to create safer Philadelphia communities. The purpose of the center is to draw on sustainable and mutually beneficial collaborations between scientists and community members to design, implement and evaluate primary prevention programs using a community-based

participatory research model to enhance resiliency and reduce the frequency and impact of youth violence, injury and death.

2007-present ***Moms and Girls In Check (MAGIC): Mother-daughter health education and health promotion program to reduce overweight and obesity***

Funding: Drexel Center for Health Equality and College of Nursing and Health Professions (\$6,000)

Position: *Co-Principal Investigator*

Principal Investigator: Maggie O'Neil, PhD, MPH, Drexel University

The MAGIC study is a community-based participatory research project focused on enhancing parenting skills and capacities to help mothers promote healthier lifestyles for themselves and their daughters aged 10-13 years who are overweight or obese in underserved neighborhoods in North Philadelphia. In partnership with the Columbia North YMCA, a 12-week intervention was conducted in summer/fall 2007 to test the feasibility of the BodyWorks curriculum for mother-daughter dyads.

2006-2007 ***A National Partnership to Address Racial & Ethnic Disparities in Health and Improve Cultural Competence in Health Care.***

Funding Source: W.K. Kellogg Foundation

Position: *Senior Research Analyst*

Principal Investigator: Dennis Andrulis, PhD, Drexel University

To assess the feasibility and value of and develop a plan for creating a national organization to address racial and ethnic disparities in health and improve cultural competence in health care.

2006-2008 ***Reaching Racially and Ethnically Diverse Communities to Meet Requirements for Emergency Preparedness.***

Funding Source: DHHS, Office of Minority Health

Position: *Senior Research Analyst*

Principal Investigator: Dennis Andrulis, PhD, Drexel University

Purpose of this project is to integrate race and culture into emergency preparedness strategies and to disseminate information to key participants and stakeholders in preparedness on a regional and national level.

2005-2007 ***Arthur Ashe Institute for Urban Health-Philadelphia Community Health Empowerment Program/STEPS to a Healthier Philadelphia***

Funding Source: Philadelphia Public Health Department

Position: *Senior Research Analyst*

Principal Investigator: Ruth Browne, ScD, Arthur Ashe Institute for Urban Health

Was grant funded to work with beauty salons as educational sites to increase awareness of diabetes, asthma and nutrition and physical activity among African American women in West Philadelphia and Hispanic women in North Philadelphia. This project includes two other academic partnering institutions (i.e., Temple University and University of Pennsylvania) as well as two

community based organizations (APM and Philadelphia Beauty Showcase Museum).

- 2005-2006 **Drexel University-Center for Public Health Readiness and Communication**
Funding Source: Pennsylvania Dept. of Health
Position: *Senior Research Analyst*
Principal Investigator: Peter Rumm, MD, MPH
- 2004-2005 **USU Center for Health Disparities Research and Education, Research Core**
Funding Source: NCMHD, \$3,000,000 (Direct Costs)
Position: *Postdoctoral Fellow*
Principal Investigator: Richard Tanenbaum, Ph.D.
Research Core Directors: David Krantz, Ph.D. & Tracy Sbrocco, Ph.D.
Under Project EXPORT: The National Center on Minority Health and Health Disparities (NCMHD) Centers of Excellence Program, a P20 grant was awarded to USU. The objective of the Center is to conduct health disparities research and improve health outcomes among ethnic minority groups and underserved majority populations. To work towards these efforts, the Center has a working relationship with the Montgomery County Department of Health and Human Services' African American Health Program (AAHP). AAHP conducts county-level health promotion and education in the African American community. The Center is working with this program to conduct a needs assessment of health concerns in African American churches through the GOSPEL program. In addition, the Center has an on going church-based research intervention study underway called the Family Intervention of Health (FISH). The FISH study is a weight management program targeting overweight or obese African American women and their families.
- 2000-2005 **Behavioral Choice Treatment Promotes Continued Weight Maintenance**
Funding Source: NIDDK, \$800,000 (Direct Costs)
Principal Investigator: Tracy Sbrocco, Ph.D.
Position: *Graduate Fellow*
Treatment outcome research that compares the effectiveness of a new behavioral choice treatment with traditional behavior therapy on weight loss and long-term maintenance. Study focuses on the treatment of African American women. Duties include pretreatment assessment, co-leading treatment groups, psychoeducation, and provision of individualized feedback regarding dietary intake and eating patterns, data collection and analysis.
- 1999-2001 **Master's Thesis: Examining Disease Knowledge Among Enlisted Military Personnel**
Funding Source: Ford Foundation, extramural
Principal Investigator: Nicole A. Vaughn

Comparing health care utilization and knowledge among a sample of African American, Hispanic and Caucasian military personnel with equal access to health care services.

Uniformed Services University of the Health Sciences (USUHS), Bethesda, MD

Major Advisors: Tracy Sbrocco, Ph.D. & Capt (sel) Evelyn Lewis, M.D.

- 1998-2000 **New Treatments for Obesity**
Funding Source: USUHS, \$78,000
Principal Investigator: Tracy Sbrocco, Ph.D.
Position: *Graduate Fellow*
Examining different treatments for obesity that lead to weight loss and weight loss maintenance.
- 1998-2005 **Applying Decision-Making Theory to Understand the Regulation of Food-Intake of the Obese**
Position: *Graduate Fellow*
Examining changes in decision making processes of obese women over the course of treatment to predict weight maintenance and recidivism
Uniformed Services University of Health Sciences, Bethesda, Maryland
Major Advisor: Tracy Sbrocco, Ph.D.
Funding Source: USUHS, Intramural
- 1998-2005 **Church-based Intervention for Obesity among African American Women**
Funding Source: USUHS, Intramural
Position: *Graduate Fellow, Group co-leader*
Co-leader in a 13-wk community based weight management program, presented behavior change lessons, analyzed the participant's weekly food diary and developed graphs, charts, and personalized feedback for the participant each week
Major Advisor: Tracy Sbrocco, Ph.D.
- 1996-1998 **Examining the Impact of Community Violence on Children**
Funding Source: NIH
Position: *Research Assistant*
Managed and coordinated data files.
Johns Hopkins School of Public Health and Mental Hygiene, Baltimore, MD
Supervisor: Michelle Cooley, Ph.D.
- 1997 **Temporal Orientation and the Experience of Regrets**
Funding Source: National Institutes of Mental Health and APA
Position: *Research Intern*
Formulated a hypothesis, collected the necessary data from phone interviews with Delaware residents, analyzed and presented the results.
University of Delaware, Newark, Delaware
Supervisor: James M. Jones, Ph.D.

RESEARCH EXPERIENCE

OTHER

- 2005-2008 **Center for Health Equality, Drexel University School of Public Health**
Director: Dennis Andrulis, PhD
Position: Senior Research and Health Policy Analyst
- 1999-2004 **The Impact of Overeating on Mood**
Principal Investigator: Michele Carter, Ph.D.
Position: Graduate Research Assistant
Investigates the relationship between eating and mood in normal weight college students, with and without eating pathology. Collaborated on data collection, mood induction and data management.
Department of Psychology, American University, Washington, D.C.
Supervisor: Tracy Sbrocco, Ph.D.
- 1999 **Assessment of Senior Health Care Programs for Montgomery Co., Maryland**
Position: DHHS Summer Intern
Conducted a needs assessment of the senior health care programs for Montgomery County, Maryland. Collected data from senior center. Developed a comprehensive report of all senior health programs that led to changes in the programming for seniors for the following fiscal year. Report submitted to the Department of Health and Human Services for Montgomery County and the County Council.
Department of Health and Human Services, Public Health Services, Health Promotion and Substance Abuse Prevention Department, Silver Spring, MD
Supervisor: Lenora Sherard, M.P.H.
- 1996 **Isolation of a unique phospholipase gene**
Funding Source: National Institutes of Health
Position: Research Intern
Focused on a specific project entailing the screening of a cDNA library and performed weekly tests of radioisotope levels in the lab.
Johns Hopkins University School of Medicine, Baltimore, Maryland
Department of Physiology
Supervisor: Daniel Raben, Ph.D.

CONTRACTS

- 2007-2008 **Delaware Division of Public Health Cultural Competence Assessment Protocol for DHSS**
Funding Source: Delaware Department of Health and Social Services
Principal Investigators: Herman Ellis, M.D. & Dennis Andrulis, PhD
Position: Co-Investigator & Senior Research Analyst
- 2007 **Lancaster County Cancer Morbidity & Mortality Report**

Funding Source: Lancaster General Hospital
Special report developed from Pennsylvania Dept. of Health BRFSS data for county and nation comparisons focused on cancer
Principal Investigators: Nicole Vaughn, PhD & Alice Yoder, MSN

- 2006-2007 **DeKalb County Department of Public Health-Health Disparities Project**
Funding Source: Georgia Public Health Department
Assessment of health disparities programming with the department and strategic planning for new initiatives to address health disparities within the county.
Position: Consultant
- 2006 **Lancaster County Health Status Report 2006**
Funding Source: Lancaster General Hospital
Report development of Pennsylvania Dept. of Health BRFSS data for county and nation comparisons.
Principal Investigators: Nicole Vaughn, PhD & Alice Yoder, MSN
- 2005 **Cultural Competence Leadership Fellowship Program**
Funding Source: Health Research and Education Trust
Development of Module One: Looking at Yourself and Your Community
Principal Investigator: Dennis Andrulis, PhD, MPH
Position: Co-author of Module

PUBLICATIONS

Browne, R., **Vaughn, N.**, Siddiqui, N., Brown, N., Delmoor, E., Randleman, P., Randleman, S., Gonzalez, L., Lewis, J., Lourie, R., Brown, H., Fraser-White, M., & Banks, S. Community-academic partnerships: Lessons learned from replicating a salon-based health education and promotion program. *Progress in Community Health Partnerships: Research Education and Action* (in press Summer 2009)

Wells, N., Sbrocco, T., Hsiao, C., Hill, L., **Vaughn, N.**, Lockley, B. (2008). The Impact of Nurse Case Management Home Visitation on Birth Outcomes in African American Women. *Journal of the National Medical Association*, 100 (5), 1-6.

Sbrocco, T., Carter, M.M., Lewis, E.L., **Vaughn, N.A.**, Kalupa, K.L., King, S., Suchday, S., & Osborn, R. (2005). Church Based Obesity Treatment for African American Women Improves Adherence. *Ethnicity & Disease*, 15 (2), 246-255.

Vaughn, N., Sbrocco, T., Lewis, E., Kalupa, K., King, S., Hughes, T., Morris, K., Davis, D., & Griffin, E. (2002). Adherence Differences between Church-based and University-based Weight Management Programs for African-American Women. *Annals of Behavioral Medicine*, 24, (Suppl.), S47.

Sbrocco, T., Kalupa, K., **Vaughn, N.**, Stone, J. & Lewis, E. (2001). Understanding Eating Behavior: Difference in Behavioral Choices and Outcomes for Obese and Normal Weight Women. *Annals of Behavioral Medicine*, 23 (Suppl.), S27.

Sbrocco, T., Lewis, E., Stone, J., Nedegaard, R., Kalupa, K., & **Vaughn, N.** (2001). Behavioral Choice Promotes Continued Weight Loss: Two-year Follow Up. *Annals of Behavioral Medicine*, 23 (Suppl.), S55.

PRESENTATIONS

Leff, S., **Vaughn, N.**, Thomas, N., Thomas, D., Woodburn, E., MacEvoy, J., & Hausman, A. (2008, October). Developing a comprehensive violence prevention program through community-based participatory research. [Oral presentation]. 136th Annual American Public Health Association Meeting, San Diego, CA.

Vaughn, N. & Thomas, N. (2008, September). CBPR: Listening, hearing, understanding, respecting and validating voices from the community. [Oral presentation]. 6th National Conference on Quality Health Care for Diverse Populations, Minneapolis, MN.

O'Neil, ME, Shewokis PA, Falkenstein K, **Vaughn NA**, John RS. (2008, February). The Health Status and Health Behaviors of Mothers and Their Children who are Overweight. [Poster Presentation]. Drexel University's Women's Health Conference, Atlantic City, NJ.

O'Neil ME, Shewokis PA, **Vaughn NA**, John RS. (2008, February). Physical Activity in Children who are overweight: Indications for physical therapy. [Poster presentation]. American Physical Therapy Association Combined Sections Meeting, Nashville, TN.

Browne, R., **Vaughn, N.**, Samuel, T., Siddiqui, N., Ramos-Hernandez, A., Foster, G., Alexander, J., Randleman, S., Gonzalez, L., Reels, S., Lourie, R., Curley, C., Lewis, J., Lipman, T., Baker, C., & Kuhn, I. (2007, November). Arthur Ashe Institute for Urban Health Beauty Salon Health Education Program: Lessons Learned from Bridging Community, Agency, and Academia in Philadelphia. Oral presentation-Community-Based Public Health Caucus, 135th Annual American Public Health Association Meeting, Washington, DC.

Browne, R., Brown, N., Samuel, T., Delmoor, E., **Vaughn. N.**, Gonzalez, L., Randleman, P., Randleman, S., Lewis, J., Lourie, R., Brown, H. White, M. (2007, November). Empowering Community-Based Organizations to Replicate Beauty Salon – Based Health Initiatives. Oral presentation, 135th Annual American Public Health Association Meeting, Washington, DC.

Semenya, A., **Vaughn, N.** & Feyler, N. (2007, November). Assessing the Prenatal Care Needs of West African immigrants in Philadelphia. Poster presentation in Public Health education and Health Promotion Caucus, 135th Annual American Public Health Association Meeting, Washington, DC.

Semenya, A.M., Delmoor, E., Brown, R., Browne, N. **Vaughn, N.**, Gonzalez, L., Randelman, S., Lurie, R., & Lewis, J. (2006, November). Improving the Knowledge of Minority Populations through the Use of Beauty Salon Based Health Education Programs. Poster presentation-Student Section of Committee of Affiliates, 134th Annual American Public Health Association Meeting, Boston, MA.

Vaughn, N.A. (2006, March). Emergency Preparedness: Reaching out to special populations. Invited Speaker to Eastwick Project Area Committee Emergency Preparedness in Southwest Philadelphia mini-conference. Mercy Wellness Center, Philadelphia, PA.

Vaughn, N.A. (2005, November). Health Disparities Research and the Role for Scholars from Historically Black Colleges and Universities. Invited Visiting Scholar to Lincoln University's Obesity abatement initiative. Lincoln University, Lincoln University, Pennsylvania.

Vaughn, N.A. & Sbrocco, T. (2005, May). Adherence Counseling and Dietary Change: Shaping Realistic Behavior vs. Expecting Perfection. Invited Guest Speaker to the Quarterly Tri-Service Nurse Meeting for Malcolm Grow Medical Center. Andrews Air Force Base, Maryland.

Sbrocco, T., **Vaughn, N.**, Hill, L. Jones, N. (2005, July). Successes and Challenges in Church-based Weight Management Programs for Overweight and Obese African American Women. Paper presented at the Translating Research Into Practice (TRIP): Highlighting Obesity and Health Disparities Annual Conference, Washington, DC.

Vaughn, N.A., Sbrocco, T., Vigersky, R. & Feuerstein, M. (2005, April). The Impact of Insurance Status on Health Care Utilization and Quality of Self-Care Among Ethnic Minorities with Type 2 Diabetes. Paper presented at the Annual Conference of the Society of Behavioral Medicine, Boston, MA.

Hill, L.D., Sbrocco, T., Lanier, J.R., **Vaughn, N.A.**, Hsiao, C., Davis, D., Gold, D., & Sherard, L. (2005, April). G.O.S.P.E.L. Cares: A Health Education Program Needs Assessment in African American Churches. Poster presentation at the Annual Conference of the Society of Behavioral Medicine, Boston, MA.

Toliver, T. & **Vaughn, N.A.** (2004, October). Love, Care For & Protect Yourself: Domestic Violence and Breast Cancer Awareness. Invited Guest Speaker at

the 2nd Annual Women's Symposium Linking Health & Beauty. Quantico Marine Corps Base, Quantico, VA.

Vaughn, N.A., Kalupa, K., Sbrocco, T., Lewis, E., (2002, April). Adherence differences between church-based and university-based weight management programs for obese African American women. Paper presented at the Society of Behavioral Medicine, Washington, D.C.

Vaughn, N.A., King, S.M., Sbrocco, T., Lewis, E. & Griffin, E. (2001, November). Do young men delay seeking medical care more than young women? Poster presented at the 35th Annual Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Vaughn, N., Kalupa, K., Sbrocco, T., Lewis, E. & Bailey, K. (2001, November). The acceptability and impact of computerized eating diaries: Do they impact adherence? Poster presented at the 35th Annual Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Vaughn, N.A., Sbrocco, T., Lewis, E. & King, S. (2001, August). Psychological factors explaining delayed health care seeking among ethnic minorities. Poster presented at the 109th Annual American Psychological Association, San Francisco, CA.

Sbrocco, T., Lewis, E., Stone, J., Nedegaard, R., Kalupa, K., & **Vaughn, N.** (2001, March). Behavior choice promotes continued weight loss. Citation paper presented at the Society of Behavioral Medicine, Seattle, WA.

Kalupa, K., **Vaughn, N.**, Sbrocco, T., Stone, J., & Lewis, E. (2001, March). Understanding eating behavior: Differences in behavioral choices and outcomes for obese and normal weight women. Poster presented at the Society of Behavioral Medicine, Seattle, WA.

Kalupa, K., **Vaughn, N.**, & Sbrocco, T. (2001, March). New treatment for obesity promotes maintainable weight loss. Paper presented at the Eastern Psychological Association, Washington, D.C.

Vaughn, N.A., Sbrocco, T., Lewis, E., Carter, M., King, S., Morris, K., Kalupa, K., & Fichera, E. (2000, November). The Relationship between body dissatisfaction and self-esteem among obese African American women. Poster presented at the 34th Annual Association for the Advancement of Behavior Therapy, New Orleans, LA.

Sbrocco, T., Lewis, E., **Vaughn, N.A.**, King, S.M., Kalupa, K., Mead, T., Fichera, E., & Coleman, K. (1999, April). Differences Among African American and White Women Presenting for Obesity Treatment. Poster presented at the 1999 Research Day Symposium, Uniformed Services

University of the Health Sciences, Bethesda, MD.

Sbrocco, T., Lewis, E., **Vaughn, N.**, King, S., Carter, M., Coleman, K., Stone, J., Mead, T., Fichera, E., Kalupa, K., & Nedegaard, R. (1999, November). Church-based Treatment for African Americans Increases Adherence and Promotes Weight Loss. Poster presented at the 33rd Annual Association for the Advancement of Behavior Therapy, Toronto, Canada.

Vaughn, N.A., Jones, J.M., & Perrino, C. (1998, April). Temporal Orientation as Related to the Experience of Regrets and its Association with “Success” in College Students. Poster presented at the 13th Annual Lehigh Valley Undergraduate Conference in Psychology, Lehigh, PA.

Vaughn, N.A., Jones, J.M., & Banicky, L. (1997, August). Temporal Orientation and the Experience of Regrets. Paper presented at the Summer Research Institute, University of Delaware, Newark, DE.

MANUSCRIPTS UNDER REVIEW

Faulkenstein, K., **Vaughn, N.**, and O’Neil, M. Management of childhood obesity in primary care: Providers perceptions of a tailored health education program for parents and children. (Under Review: Journal of Pediatric Health Care)

Intravaia, A., Sbrocco, T., **Vaughn, N.**, Hsiao, C., & Clark, R. Contemplating Addiction: Assessing the Stages' of Change True Victims of Addiction in a Weight Management Program. (Under Review: Eating Behaviors)

O’Neil, M., Shewokis, P.A., Faulkenstein, K., **Vaughn, N.**, & DeLago, C. Relationships among environmental supports, psychological factors, health behaviors and BMI for parents and their children who are overweight or obese. (Under Review: Obesity Research)

Sbrocco, T., Kalupa, K., **Vaughn, N.**, Stone, J., & Lewis, E. Understanding eating behavior: Differences in behavioral choices and outcomes for obese and normal weight women. (Under Review: Cognitive Therapy and Research).

Sbrocco, T., Kalupa, K., **Vaughn, N.**, Lewis, E., Stone, J., & Nedegaard, R. Behavioral choice treatment for obesity: A 2-year follow-up. (Under Review: Journal of Consulting and Clinical Psychology).

MANUSCRIPTS IN PREPARATION

O'Neil, ME, Vaughn NA, Shewokis PA, Falkenstein K, & John RS. Parent and child health behaviors and neighborhood factors associated with childhood overweight.

O'Neil, ME, Vaughn NA, Petosa, T, & John RS. Parent-child participation in a health promotion program: Recruitment and Enrollment Challenges.

Semenya, A., Vaughn, N. & Feyler, N. Assessing the Prenatal Needs of West African Immigrants in Philadelphia.

Vaughn, N.A., Jones, J.M., & Banicky, L. Temporal Orientation as Related to the Experience of Regrets and its Association with "Success" in College Students.

TEACHING EXPERIENCE

- 2008-09 **Drexel University School of Public Health, Philadelphia, PA**
(Masters and Doctoral Students)
Race, Ethnicity and Health Policy
Position: Course co-instructor with John Rich, MD, MPH
- 2005 **Lincoln University, Lincoln University, PA**
(Freshman, Sophomore and Junior College Students)
"Overweight, Obesity and Healthy Eating among Minorities"
Position: Visiting Professor for Project L.I.F.T (Lincoln University Initiating Fitness Today Program)
- 2002 **Standardized Achievement Test-Verbal Section**
(Junior & Senior High School Students)
College Resources-Upward Bound, Latin American Youth Center
George Washington University, Washington, D.C.
Position: Course Instructor
- 2002 **Cultural Diversity (Graduate Course)**
Department of Medical and Clinical Psychology, USUHS, Bethesda, MD
Position: Teaching Assistant & Guest Lecturer
Course Instructor: Col Larry James, Ph.D., ABPP, USA
- 2001; 2005 **Community Information Session: Permanent Behavior Change Will Change Your Weight**
Department of Medical and Clinical Psychology, USUHS, Bethesda, MD
Position: Instructor
- 2000-2001 **Research Methods in Psychology (Graduate Course)**
Department of Medical and Clinical Psychology, USUHS, Bethesda, MD

Position: Teaching Assistant
Course Instructor: David Krantz, Ph.D.

1999-2000 **Medical Psychology Seminar**
Department of Medical and Clinical Psychology, USUHS, Bethesda, MD
Position: Teaching Assistant
Course Instructor: David Krantz, Ph.D.

CLINICAL EXPERIENCE

1998-2005 **Weight Management Program**
USUHS, Bethesda, MD
Supervisor: Tracy Sbrocco, Ph.D.
Conducted semi-structured assessment interviews, acted as a group leader for a 13-session cognitive behavioral treatment, psychoeducation focusing on nutrition, behavioral monitoring, and the use of hand held computerized food diaries. Groups are conducted at university and community settings.

COMMUNITY SERVICE

2008 **Liberty Baptist Church, Philadelphia, PA**
(7th Annual Luncheon-Health Education Committee Diabetic Support Group)
Position: Invited Speaker

2008 **Liberty Baptist Church, Philadelphia, PA**
(Elderly Minority Congregants of Diabetes Support Group)
Disparities in Health Care for Elderly Minorities
Position: Keynote Speaker

2006 **Liberty Baptist Church, Philadelphia, PA**
(Elderly Minority Congregants of Diabetes Support Group)
“Health Disparities in the United States”
Position: Keynote Speaker

2006 **Bryant Elementary School, Philadelphia, PA**
(Elementary school students and their tutors)
“Healthy Eating and Exercise for Children and Families”
Position: Invited Guest Speaker

UNIVERSITY SERVICE

2008-2009 Drexel University-Faculty Senate Committee on Academic Support

2006-2008 Drexel University Community & Government Relations Task Force Member

- 2007, 2008 Judge, Undergraduate/Graduate Student Poster Session-Drexel University College of Medicine Sex and Gender Research Forum
- 2006 Institute for Women's Health and Leadership-Marion Spencer Fay Award Selection Committee
- 2005, 2006 Institute for Women's Health and Leadership-"A Conversation about Women's Health"